

# Consortium PSYCHIATRICUM

APPENDIX. SUPPLEMENTARY DATA TO:  
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Predictors of Self-Harm Types in Members of Online Communities:  
Age As a Moderating Variable.  
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This appendix is a part of the original submission.  
The appendix is posted as it was supplied by the authors.

## Supplement 1. Survey<sup>1</sup>

Greetings! The aim of this study is to assess your current emotional state, interpersonal relationships and attitude to your appearance. The recommended minimal age of participation is 18 years. You will be asked to fill out several questionnaires (approximate time — 15–25 minutes). Some questions you will encounter might be emotionally painful. You can opt out of the study at any time without explanation. All the data collected during the study is strictly confidential and is not subject to disclosure. The information will be used in aggregated statistical form in scientific analysis. Your answers will be saved after you complete all the questionnaires and press the Submit button. To participate in the study you will need to specify a valid e-mail to ensure you are a real person who takes part in this study willingly. This e-mail address won't be shared with third parties or used in any other way without your consent.

E-mail \_\_\_\_\_

1. *Where have you come across the invitation to this study?*

- In the community (or public page) I am subscribed to
- I've received a link from somebody I know
- Other \_\_\_\_\_

2. *If it is possible, please state the name of the community in the social network where you've come across the invitation to the study or its URL \_\_\_\_\_*

3. *Your age (years) \_\_\_\_\_*

4. *Your gender*

- Female
- Male
- Other \_\_\_\_\_

5. *Your education*

- Incomplete secondary education (school student)
- Secondary education
- Vocational training
- Technical college
- Incomplete higher education (university student)
- Higher education (graduate)

6. *Currently you are*

- Working full-time or part-time
- Studying
- Working and studying
- Neither working or studying

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<sup>1</sup> The informed consent form and the survey were constructed in Google Forms. Depending on yes/no answers to some questions (marked with \*) the participant was redirected to the next line of questions or skipped them until the next conditional question. For example, if the participant disagreed with Question 11, (s)he was redirected to Question 14; otherwise Questions 12 and 13 became available for answering.

7. Please, state you nationality (you can state more than one if you have mixed heritage) \_\_\_\_\_

8. Please, state you country of residence

- Russian Federation
- Other \_\_\_\_\_

9. \* Are you satisfied with your appearance and the way you feel other people perceive you?

- Mostly
- No

10. What exactly causes your dissatisfaction in yourself? \_\_\_\_\_

11. \* Please, state if you have ever received professional help in the field of mental health from a psychiatrist or other specialist (using inpatient or outpatient services)?

- No, I solve my problems on my own or with the help of my family / friends
- Yes, I have

12. Do you have a diagnosed psychiatric disorder determined by a practicing psychiatrist?

- No
- I have never been diagnosed officially, but I assume that I could be
- Yes

13. Please, state your diagnosis, if you know it. If you don't, answer with "no" \_\_\_\_\_

14. \* Have you ever harmed yourself physically?

- Yes
- No

15. How exactly did you harm yourself? \_\_\_\_\_

16. Please, explain why you did this or describe the situation \_\_\_\_\_

17. When did you harm yourself the last time? (e.g., several days age, a week ago, a month ago, a year ago, more than a year ago) \_\_\_\_\_

**Supplement 2. Correlations between interpersonal sensitivity scales and psychopathological symptoms in self-harm subgroups (Spearman's rs with Holm-Bonferroni correction)**

Scales	Dependence on the others' appraisal		Fear of rejection		Interpersonal worry		Interpersonal sensitivity (sum score)	
	G1	G2	G1	G2	G1	G2	G1	G2
Somatization	0.20***	0.29**	0.38***	0.48***	0.24***	0.24**	0.33***	0.41***
Obsessive-Compulsive	0.31***	0.41***	0.48***	0.60***	0.34***	0.33***	0.46***	0.55***
Interpersonal Sensitivity	0.48***	0.59***	0.61***	0.66***	0.40***	0.35***	0.62***	0.68***
Depression	0.40***	0.46***	0.58***	0.69***	0.36***	0.34***	0.55***	0.62***
Anxiety	0.34***	0.43***	0.50***	0.59***	0.35***	0.24**	0.48***	0.54***
Hostility	0.29***	0.26**	0.46***	0.50***	0.18***	0.13	0.38***	0.36***
Phobic Anxiety	0.33***	0.40***	0.47***	0.50***	0.34***	0.25**	0.47***	0.48***
Paranoid Ideation	0.28***	0.39***	0.47***	0.54***	0.20***	0.22*	0.39***	0.50***
Psychoticism	0.29***	0.38***	0.54***	0.59***	0.27***	0.24**	0.44***	0.51***
Global Severity Index	0.39***	0.48***	0.60***	0.68***	0.36***	0.30***	0.56***	0.61***
Positive Symptom Total	0.37***	0.47***	0.57***	0.67***	0.39***	0.35***	0.55***	0.63***
Positive Symptom Distress Index	0.35***	0.40***	0.53***	0.59***	0.26***	0.21*	0.47***	0.50***

Note: G1 — Superficial self-injury, G2 — Self-destructive behaviors; \*—  $p < 0.05$ ; \*\* —  $p < 0.01$ ; \*\*\*—  $p < 0.001$ .